

## **Taipei Municipal Wanfang Hospital (Managed by Taipei Medical University)**

### **Attending Physicians of the Cardiology, Dr. Paul Chan**

Dr. Paul Chan, an authority in cardiology in Taiwan and currently a cardiologist at Wanfang Hospital, is the recipient of the 2023 Global Outstanding Overseas Compatriot Student Alumni Research Achievement Award.

Born in Hong Kong, Dr. Chan aspired to become a physician from a young age. When he was 18 years old, he immigrated to Canada with his family and eventually came to Taiwan to pursue his studies at the request of his father. He graduated from Taipei Medical University and went on to obtain his Ph.D. from the Clinical Medicine Research Institute at Yang-Ming University. Since then, he has rooted himself in Taiwan, building a family and a career. In addition to treating patients, he has been actively involved in teaching and research, and has also published several works to share his insights on caring for cardiovascular diseases.

Dr. Paul Chan, who has been practicing medicine for 30 years, initially received training at Chang Gung Hospital. In 1997, he joined Wan Fang Hospital as the head of the Cardiology Department and is currently serving as a full-time attending physician in the Cardiology Department. With his extensive experience working in Taiwan, Dr. Chan had the opportunity to meet the director of Shanghai Oriental Hospital during a medical conference. Due to Dr. Chan's renowned expertise, the director of Oriental Hospital enthusiastically invited him to Shanghai for consultations and teaching, making him the first doctor to be invited to China for medical consultations and teaching.

At the time, there were approximately 600,000 Taiwanese people in Shanghai and its surrounding areas. If only 10% of them stayed there for medical treatment, that would be 60,000 people. They would need Taiwanese doctors to go over and take care of them. So, on the last Saturday of every month, Dr. Paul Chan would pack his bags and fly to Shanghai East Hospital of Tongji University to provide medical consultations and care for the local Taiwanese people. He would also take care of more patients with heart diseases and cardiovascular disorders. He became a blessing for those who couldn't conveniently fly back to Taiwan for medical treatment. To him, patients are like friends and family, and his top priority is to help this group of old friends live healthier lives.

Dr. Paul Chan has made great achievements in the medical field, publishing nearly 40 research papers in the past five years and accumulating over 200 papers over the years. His works have been cited more than 4,000 times. He has also written four books, including "Wholehearted Health Protection," "Take Care of Your Mind to Stay Healthy," "Cardiovascular Diseases in the Elderly," and "Understanding Cardiovascular Diseases: Heart Health and Prevention for the Elderly." These books aim to disseminate relevant medical and health knowledge to a wider audience. His

superb medical skills and dedication to healthcare have earned him the Taiwan Society of Cardiology's Young Physician Research Award and Excellent Paper Award, the highest recognition in the cardiology field, the Xinglin Award, the Medical Prevention and Epidemic Defense Pioneer Award, and recognition as a shining example among overseas Taiwanese citizens.

Dr. Paul Chan has been practicing medicine for almost 30 years. He has always upheld the principle of "the benevolence of a doctor" and continuously cared for the hearts of his patients with enthusiasm and warmth. He treats his patients with empathy and patience, using concrete actions to show concern, understanding, and response to their worries and expectations. He maintains a good doctor-patient relationship and also passes on valuable experience. He is truly an exemplary role model for us to learn from.